



TEPS NEWSLETTER

Term 2 Week 6

3rd June 2022

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Darug Country

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Important Dates

Term 1

- Every Tuesday, Wednesday & Thursday Breakfast Club
- 03/06/22 Mabo Day
- 07/06/22 & 08/06/22 Life Education Program
- 09/06/22 After school Chess Practice
- 10/06/22 Chess Round
- 10/06/22 Sporting School Program Starts
- 10/06/22 Zones of Regulation
- 13/06/22 Public Holiday

From the Principal's Desk

Dear Parents and Carers,

The last few weeks have seen a lot of learning and events taking place at Toongabbie East Public School. I have enjoyed visiting classrooms to see the rich, educational activities taking place in every classroom. Students have been trying their best, asking questions when needed and giving unknown learning a go! We can't ask for more than that, from our learners.

This week, TEPS recognised National Sorry Day and Reconciliation Week. Many activities were planned by our wonderful teachers and students enjoyed learning more about Australia's history and importance of moving together united. A school video was shared on our school Dojo page with a snapshot of some of the learning that took place. We hope families watch and enjoy. A big thank you to Mrs Cutri for all the hard work she does behind the scenes for weeks such as this and organising many other events and activities for students to engage in throughout the year.

Our school chess team are off to a flying start and holding their own against much bigger schools. I always enjoy watching the TEPS chess team playing. Their sharp focus, calmness and determination is commendable.

SEDA Sports Challenge concluded last week and I would like to thank the SEDA Sports College NSW for generously coming out and working with students the

last 4 weeks. This sporting program was free of charge to TEPS families and enabled students to learn many new sporting skills. We look forward to a continued relationship with the college.

Yesterday, Zach Bannerman, Jerome Togia, Jeziah Toatahi, Ayden Nowland-Gadsdon represented TEPS at the Eels Cup. They participated in a junior and senior rugby League competition and won every game!



As the weather starts to become colder, it will be necessary for all students to wear school jackets. Please call the front office to organise a time to purchase any needed winter uniforms. We sell at cost price and are able to discuss payment plans or support for families requiring it.

Our school has undergone several improvements this term. The student hand wash and bubbler rooms have had a complete overhaul. All new tiles, paint, taps and bubblers have been installed in each room. Students have access to brand new bottle filling stations, so please remember to bring a water bottle that can be re-filled at school.



A number of classrooms have had their walls painted and are looking lovely and fresh. Our carpark was resurfaced, and the student playground area now has a huge shelter to conclude the works and allow for greater usage.

Wishing all families, a wonderful weekend.

Mrs Kristy Haggett
Principal

Parent/Carer Interviews Week 10

Last week a note went home to all parent/carers with the opportunity to have a 10-minute meeting with your child's classroom teacher. If you have not locked in a time yet, please message your teacher via Dojo.

Zone Cross Country

On Monday, we had a large number of students from TEPS compete in the Zone Cross Country carnival. Each student braved the harsh terrain and ran their best. Congratulations to Aaron Reid, Jacob McWhirter, Marik Adiang, Adiang Aidiang, Kyra Carr, Makita Leo Combeer, Zack Mills Bannerman, Tanya Ng, Maja Klewar, Aydeny Nowland-Gadson and Zachary Boer for your efforts on the day. Thank you, Mr Brock for organising and supervising this event.



Canteen Open Every Tuesday and Wednesday

Our school canteen is open every Tuesday and Wednesday morning. All orders must be in before 9am. We are seeking parent volunteers if you could help a day or two on a Tuesday or Wednesday to ensure our canteen remains operational. Please speak to Mrs. Roxanne McDonald in the office if you are available.

Reconciliation Week

Reconciliation Week at TEPS is always a special time for students, staff and our community. This year's theme was 'Be Brave, Make Change'. At TEPS we always encourage our students to be brave and make change in their daily lives. We are committed to reconciliation for a better, brighter future for all. Hop on to Dojo and see each class discuss how their First Nations Person was brave and made change.

TEPS had a special visit from Uncle Greg Simms last Friday. Uncle Greg shared Dreamtime stories and spoke about his journey in life. A group of students had the opportunity to work with Uncle Greg in creating artwork. We look forward to having Uncle Greg back at TEPS, to share his knowledge in the future.



English as an Additional Language or Dialect (EAL/D) Report

This year all EAL/D students will be reported on in the Semester 1 report. If your child is an EAL/D student you will find their report directly under the English comment. All EAL/D students will have the following information reported on;

- Their EAL/D Learning Progression phase
- A comment about the student's progress in learning English
- If your child is receiving in class support.

Speechie's Corner

Never underestimate the power of sharing a book with your child. This is not just about reading the words on the page, it's about the talk that can happen to help your child relate to the events of the story, understand unfamiliar vocabulary, and discuss any themes that arise. So read or listen to a book AND talk about it! Use comments more than questions to get your child thinking and talking.

For example:

- "I wonder why the character said/did that?"
- "I think __ will happen next..."
- "I wonder how/why..."
- "That's just like..."

Sharing a quality book with your child is one little (yet big) thing you can do at home that can help develop language and literacy skills.

Ms Buckman

Speech Pathologist

Colouring In Competition Winners

Congratulations to our Bunnings colouring in competition winners James, Jackson, Michael (absent) and Natalya (absent). They were gifted with a bag full of goodies from Bunnings.



News From Ms Wu

Term 2 is in full swing! This term 2/3/4 Mabo have had the chance to participate in a number of programs including SEDA Sports College, Sports in Schools Tennis and Zones of Regulation. The various activities have been enjoyed by all.

In mathematics, we have been learning how to measure the area of a surface using different units of measurements and are now exploring the world of multiplication. During writing lessons, the students have explored a range of persuasive texts and are working hard to write very convincing pieces about different topics.

As it is currently Reconciliation Week, the students of 2/3/4 Mabo joined the rest of the school to welcome Uncle Greg who is an Indigenous elder of our local community and listened to some of the Dreamtime stories that he had to share. 2/3/4 Mabo have also been researching and learning about Eddie Mabo and how he changed Australia.



Miss Rebecca Wu

Classroom Teacher

News From Rose

It has been a very fun Term 2 with the Roses. Our class has thoroughly enjoyed getting outdoors in the sunshine with SEDA Sports College and the tennis program. Our new unit of Geography focusing on natural resources also encouraged us to spend time outside. Don't worry, all the extra running around did not slow us down at all, we are a very energetic bunch. You should see us during dance time!

We had some visitors spend time in our classroom last week helping us to learn how to regulate our emotions and play together. Our visits from our mainstream friends have been wonderful! We are looking forward to more fun learning opportunities over the next few weeks and then having a much-needed short break.



Mrs Melinda James

Classroom Teacher (SU)

FujiFilms Donated Two Instax Mini 9 Cameras

This Term, Mr Fisher's class have been studying photography. A very big thank you to FujiFilms who have kindly donated two mini 9 cameras to assist our students in their studies of his unit.



Life Education

Life Education will commence next Tuesday and Wednesday. If you have not already, please pay \$12.00 to the office by Monday so your child does not miss out on this important learning.

Autism Awareness Day Cake Stall

Autism Awareness Day is about providing opportunities to increase understanding and acceptance of people with autism.

In line with World Autism Awareness Day, TEPS held a cake and jelly stall to raise money that will go towards purchasing sensory items for students with autism across the school. Thank you to our wonderful students, staff and parents in purchasing cakes on the day. A big thank you to the Support Unit team who organised this event.



13YARN First Nations Crisis Support Line

13YARN [Thirteen YARN] is the first national crisis support line for mobs who are feeling overwhelmed or having difficulty coping. Who offer a confidential one-on-one yarning opportunity with a Lifeline-trained Aboriginal & Torres Strait Islander Crisis Supporter who can provide crisis support 24 hours a day, 7 days a week.

13YARN empowers our community with the opportunity to yarn without judgement and provide a culturally safe space to speak about their needs, worries or concerns.



NSW Department of Education

Always wear a helmet

Never too old to be safe

Choosing a helmet to protect your lid
There are so many different helmet designs available that it can be hard to know which one to choose, it's simple. The helmet that fits best, looks good and meets the Australian safety standards is the one. Check that it has a AS/NZS 2063 label. If it doesn't – don't buy it. Protecting your head is too important.

Check the helmet fits
The helmet you buy must be worn correctly or it will not offer the protection that it was designed to do.

- 1 Size** – Try it on several helmets until one feels right. There should be two finger widths above your eyebrow.
- 2 Side straps** – adjust the slider on both straps to form a 'Y' shape under, and slightly in front of, and below the ears. Check there are no twists and they don't cover the ears.
- 3 Buckles** – centre the buckle under your chin.
- 4 Chin strap** – buckle the chin strap. Tighten the strap until it is snug, so that no more than two fingers fit under the strap.
- 5 Does the helmet fit right?**
Does the helmet rock back more than two fingers above the eyebrows? If yes, unbuckle and shorten the front strap by moving the slider forward. Buckle and re-tighten the chin strap and test again.

Replace your helmet if:

- it's been dropped onto a hard surface or involved in a crash or severe fall
- you see any cracks in the foam
- the straps look worn or frayed

Wearing a helmet is the law. In NSW there are no exceptions.
Helmets can reduce head injury by 74%.

More information available:
<http://bit.ly/2tsiQF7>

COVID-19 Bulletin for Council areas in Western Sydney Local Health District

Blacktown, Cumberland, Parramatta and The Hills

What to do with the information in this Bulletin?

Please share it with relevant staff. We also encourage you to share the information (as appropriate) with community members via your organisation's channels such as newsletters, websites and social media. Thank you for your support in helping stop the spread of COVID-19.

Subscribe to the Bulletin mailing list [here](#).

LATEST COVID-19 NEWS

Stay safe this winter

With winter here, the best way you and your family can stay well and keep doing the things you love is to:

- Wear a mask when in crowded spaces
- Stay home and get tested for COVID-19 if you're not feeling well
- Get together outside or in well ventilated places
- Stay up to date with your vaccinations, including COVID-19 and flu

COVID SAFETY

Simple steps to help stop the spread of viruses.



Wash hands regularly



Get vaccinated, including COVID-19 booster



Keep a safe distance where you can



Wear your mask when you can't distance

> COVID SAFETY, IT'S UP TO US



COVID-19 vaccination



Updated ATAGI advice on COVID-19 Winter Booster

People aged 16 - 64 years who have a complex, chronic or severe condition that increases their risk of severe illness from COVID-19 are now recommended to get an additional winter COVID-19 booster.

Post for sharing.



Information about COVID-19 and flu vaccinations and how to book.

If you need help to get a vaccine you can call the National Coronavirus Helpline or SMS "Hey EVA" to 0418 611 382, 7am to 10pm, 7 days a week. You will receive a call back from a trained agent who will help you find a vaccine appointment based on your individual needs.

For information:

Western Sydney Local Health District – Centre for Population Health

Tel 9840 3603 E: WSLHD-CentreForPopulationHealth@health.nsw.gov.au

 WesternSydneyHealth  @WestSydHealth



COVID-19 Bulletin for Council areas in Western Sydney Local Health District

Blacktown, Cumberland, Parramatta and The Hills

Western Sydney vaccination clinics

- **Blacktown Hospital vaccination clinic:**

10am - 6pm Monday to Friday
8am - 4pm Saturday and Sunday for Moderna, Pfizer and AstraZeneca vaccines.

- **The Granville Centre Vaccination Clinic:**

11am - 5pm Fridays
9am - 3pm Saturday and Sunday for walk-ins only.
Closed Monday to Thursday.

- **Pfizer COVID Vaccination Clinic, Kimberwalli:**

Fridays from 11am to 5pm. Saturday 4 June 9am-3pm (Final Saturday).
For Aboriginal and Torres Strait Islander People from ages 5 and up.
More information call Kimberwalli on [\(02\) 9853 3333](tel:0298533333).

COVID-19 antivirals

At higher risk of severe illness from COVID-19?

Speak to your GP today about antivirals



Antivirals are medicines that help stop a virus infecting healthy cells or multiplying in the body. Antivirals work best when taken as soon as possible, usually within five days from when your symptoms start.

If you are at higher risk of severe illness from COVID-19 you may be eligible for antiviral or other early treatment for COVID-19. People at higher risk include those over 60 years old, Aboriginal and Torres Strait Islander people aged 35 and over, or those who have chronic health conditions.

If you test positive to COVID-19 or register a positive rapid antigen test, you'll receive a survey link and some questions from NSW Health via text message. If you're identified as higher risk after completing these, you will receive a **text message** from Healthdirect Australia about discussing antivirals with your GP. This message will be sent from 'Hlthdirect'.

Plan ahead by speaking with your doctor today if you may be at higher risk.

Posts for sharing: [Who is healthdirect](#)
[What are oral antivirals](#)
[Who is eligible for antiviral treatment](#)

[Oral antiviral assessment process for those at higher risk of severe illness](#)

For information:

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